

# REGENERATE

## CREATING OPPORTUNITIES FOR YOUNG PEOPLE TO THRIVE

Regenerate's Youth Club  
is open to any one aged 11-19.

We offer loads of activities  
and opportunities,  
as well as a safe place  
to hang out, build positive  
health and wellbeing,  
learn new skills and  
grow in confidence.

## OCTOBER HALF TERM 2023

Meeting Points for Trips:

**ASH:**  
Ashburton Youth Centre  
Westleigh Avenue  
SW15 6XD

**REC:**  
Roehampton Rec Centre  
Laverstoke Gardens  
SW15 4JB

TO FIND OUT MORE  
OR SIGN UP TO TRIPS:

[info@regenerate-london.org](mailto:info@regenerate-london.org)

or call/text Katie:  
07851 503166

Follow us to  
stay in the loop!  
[@regenerate\\_ldn](https://www.instagram.com/regenerate_ldn)



Monday  
23rd  
October

**STREET DOCTORS WORKSHOP**  
4 - 6:30PM, ASH

Tuesday  
24th  
October

**THORPE PARK FRIGHT NIGHT**  
10:30am - 7:30pm, Meet @ ASH

**LAZER TAG TRIP**  
12 - 5pm, Meet @ REC

Wednesday  
25th  
October

**BLACK HISTORY MONTH TRIP**  
1-4:30pm, Meet @ ASH

Thursday  
26th  
October

**HALLOWEEN PARTY**  
4 - 6:30PM, ASH

Friday  
27th  
October

**CLIP 'N' CLIMB**  
12-5pm, Meet @ REC

**PLEASE NOTE:**  
Trips must be signed up to by  
Wednesday 18th October

Returned deposit and consent forms  
are an expression of interest &  
do not always guarantee a space

